

## Red Bank Regional High School

### AVID Meeting Info:

- Our AVID site team meets once a month to discuss program goals and progress and to plan upcoming events.
- Meetings are held after school on the third Tuesday of every month.
- If you are interested in joining the site team or attending our meetings, contact Mr. Donohoe at [rdonohoe@rbrhs.org](mailto:rdonohoe@rbrhs.org)

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## Monthly Meets: What's Been Going On?

After spending a week in August at the AVID Summer Institute in sunny San Diego, our site team was ready to kick off a new school year. AVID students, parents, and site team members got the chance to meet and socialize before Back to School Night in September. A delicious dinner was provided by Chef Roskowinski and the RBR Culinary Club. The turnout was good, and the relaxed atmosphere was the perfect setting to talk about AVID's goals, introduce the site team, and meet the AVID parents and students.

September quickly flew by, and October blew in. During October, the AVID students got a chance to meet the site team members at a

Meet and Greet event held during the Study Hall periods. After having met the site team members, students were asked to choose a site team member that they would like to



Site team members enjoying the sunny California weather at the AVID Summer Institute in August.

have as their mentor. Each site team member was then assigned 2-3 AVID students to meet with throughout the year. These

teachers mentor the AVID students by meeting with them regularly and helping them to achieve their academic goals.

After finding out who each site team member would be mentoring, we decided to turn our November meeting into a pizza party. All of the AVID students were invited, and it was a great way for our students to connect with their mentors. We quickly went through 10 boxes of pizza, and the tone was set for a great upcoming year.

## Cornell Notes: What Are They All About?

You may have seen your AVID student taking notes in a format called Cornell notes, and you may have wondered why they are doing this and how this is helping them succeed.

Cornell notes were developed at Cornell University as a way to help students better organize their notes and to give them an easy

method of reviewing material. When taking Cornell notes, the paper is divided into three sections: a column on the left side of the paper, a larger column on the right side of the paper, and 5—7 lines left at the bottom of the paper (see example on page 2).

The right column is reserved for more traditional

note taking. The main ideas of the lecture or lesson should be paraphrased, and students are encouraged to use abbreviations and symbols instead of writing out full sentences.

To assist with review of the material, relevant questions, key vocabulary, **(Continued on Page 2)**

## Cornell Notes (continued from Page 1)



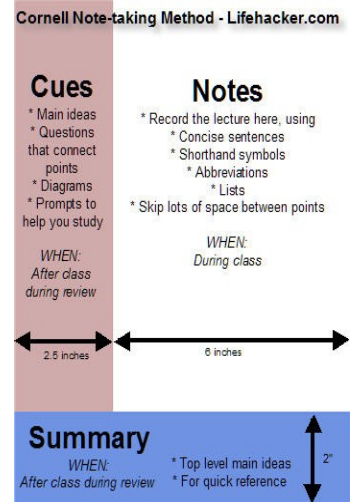
diagrams, and formulas are recorded in the left-hand column next to the corresponding information in the note-taking column. This should be done as soon as possible when the information is still fresh in the student's mind.

When reviewing the material, the student can cover up the note-taking (right) column to answer the questions/keywords in the key word (left) column. The student is encouraged to reflect on the material and review the notes regularly.

In addition, after the notes

have been taken, the student writes a brief summary in the bottom portion of the page. This helps to increase understanding of the topic. When studying for either a test or quiz, the student then has a brief and accurate record of the information presented in class.

All AVID students are required to take Cornell notes in all of their classes and to keep their notes organized in a binder. This helps students to stay focused and organized and is one of many strategies AVID uses to help students be successful.



For more information, or to take a virtual tour of the campus, visit [www.udel.edu](http://www.udel.edu)

## College Corner: University of Delaware

Located just two and a half hours away from Monmouth County, the University of Delaware is a large school with a small school feel. The student body is made up of over 16,000 undergraduate students and 3,500 graduate students, yet the well-planned campus and surrounding town give it a more intimate feeling. UDel is also home to a diverse array of programs, including 130 bachelor's programs, 79 master's programs, and 39 doctoral programs.

UDel boasts a long-standing tradition of academic excellence. The university was classified as a research university by the Carnegie Foundation for the Advancement of Teaching—an honor received by less than 3 percent of U.S. colleges and universities. More recently, a retired UDel professor, Dr. Richard F. Heck, was awarded the 2010 Nobel Prize in Chemistry. These achievements represent a small sampling of the academic successes that Uni-

versity of Delaware students enjoy.

The university also has the distinct honor of being the first U.S. college to ever run a study abroad program. The first program was run in 1923 when eight students spent their junior year in France. Since then, the university has run programs in 45 different countries and all 7 continents (including Antarctica!). With 80 different programs covering 40 different subject areas, there are travel study opportunities for every student.

In addition, 23 different NCAA Division 1 Sports are offered. Throughout the years, the Fighting Blue Hens have experienced a tradition of pride, spirit and excellence, winning several national championships along the way. The school mascot, YouDee the Fighting Blue Hen, was even inducted into the mascot hall of fame in 2006!

Campus life at UD is full of

enriching opportunities. The university has about 280 different student organizations of all types, and there are also a variety of intramural and club sports on campus so that students of all athletic abilities may join in the fun.

All in all, the University of Delaware offers a variety of challenging academic programs, and exciting opportunities for its students.



### Meet The Site Team: Mr. DeBarberie

Mr. DeBarberie began his teaching career four years ago here at Red Bank Regional. He serves as a member of both the Freshman Academy and AVID teams, and he deals exclusively with freshman students, teaching both the English 9 and AVID 9 classes.

According to Mr. DeBarberie, teaching is the best job that he has

ever had. His favorite aspect of teaching is being able to interact and bond with students, and he notes that, "If I can be a positive person for a student to talk to, I'm a happy guy".

He decided to start teaching the AVID elective class because students in the class want to be there and want to work hard. Said Mr. De-

Barberie, "Those willing to study hard and devote hours each week to their academic success are students I want to teach".



### Meet the Site Team: Mrs. Verdiglione

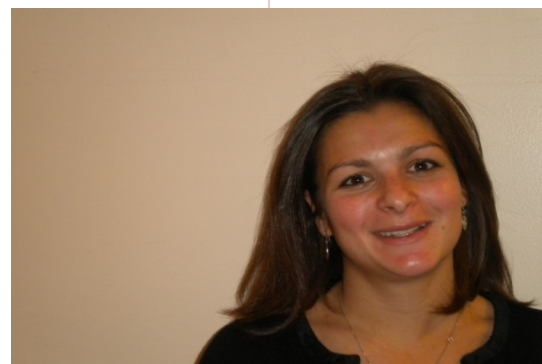
Mrs. Verdiglione (formerly Miss Roselli) has been teaching for seven years, but joined the staff of Red Bank Regional five years ago. As a math teacher she teaches both Algebra II and Geometry, in addition to the AVID 10 class.

She had decided to branch out a little and was looking to teach something besides math everyday when she de-

cidied to take on the AVID elective class. In addition, she says that she really believes in the AVID program and notes that it provides students with the tools and caring support they need to be successful.

She cites student growth as her favorite part of the job, and looks forward to those "lightbulb moments" when students

finally grasp a difficult concept with her help.



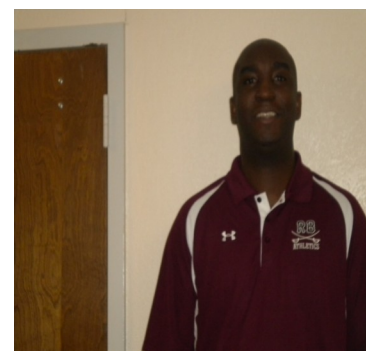
### Meet the Site Team: Mr. Young

Mr. Young is a relative newbie to RBR, having only spent three years here; however, he is a veteran teacher with nine years experience under his belt. Coming from a private school background, he was once skeptical about public education, but now believes that our

diverse programs and population offer students positive experiences they won't find elsewhere.

In addition to teaching the AVID 11 class, Mr. Young teaches Business in a Global Economy, Intro to Finance, and Digital Photography. He wanted to

teach AVID to help prepare students for the rigors of college and the challenges of the real world. His favorite part of the AVID program is tutorology, because it challenges students to collaborate and help each other reach their academic goals.



# Red Bank Regional



## Red Bank Regional High School

101 Ridge Road  
Little Silver, NJ 07730  
(732)-842-8000

For more information about the AVID program at RBR, please contact Mr. Donohoe.

[rdonohoe@rbrhs.org](mailto:rdonohoe@rbrhs.org)  
(732)-842-8000 ext. 220

AVID stands for Advancement Via Individual Determination. It is a rigorous college preparatory program for students in grades 9-12 who have a strong desire to improve their study and test-taking skills. Our goal is to help our students to be successful during their years here at RBR, and we wish to also prepare them for college and beyond. It is our hope that the combination of strategy and support offered by our AVID program will help all of our students reach their fullest potential.

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## What's Next?

During the month of December we will be hosting a Family Game Night on December 15th from 5:30—7:00 p.m. in the Commons. Please join us for food and family fun! Last year's Game Night was a huge success, so we hope to see you there.

Our December site team meeting will be held on Tuesday, December 21st from 2:45—3:30 in Room 220. We would love to have parents make regular appearances at these meetings, so if you are

interested, please contact the AVID coordinator, Mr. Donohoe. His contact information is listed above.

Lastly, AVID applications will be made available in the very near future. All current AVID students in the 9th and 10th grades need to reapply if they wish to continue with the program. Be on the lookout for more information regarding the application process, deadlines, etc.