

Red Bank Regional Menu

March 2010



SERVED DAILY

THE FRESH GRILLE

AVAILABLE DAILY

Hamburgers, Cheeseburgers,
Chicken Patty Sandwiches
 \$2.40 Student \$3.00 Adult
 Offered with Milk
 Fruit & Tossed Salad

French Fries \$1.00



\$2.40 Student \$3.00 Adult -
 Offered with, lettuce & tomato,
 fruit & milk.

Ham & Provolone, Turkey & American Cheese
 Tuna Salad, Italian Hoagie

Premium Lunch

Chicken Caesar Salad
 Turkey BLT Salad
 Chef Salad
 Crispy Chicken Wrap
 Tuna Salad Bowl

Salads
 Offered with Crackers
 & Choice of Dressing
 Student \$3.25
 Student Ala Carte
 \$3.50
 Adult \$4.00
 Fruit & Milk Included

\$2.40 Student \$3.00 Adult
 Offered with Milk



March 1 - 5

Mon Tacos or Nachos, Spanish Rice, Lettuce & Salsa, Fruit
Tue NO LUNCH
Wed NO LUNCH
Thur NO LUNCH
Fri Roasted Pork, Whipped Potato, Carrots, Dinner Roll,
 Tossed Salad, Apple Sauce

March 8 - 12

Mon Tacos or Nachos, Spanish Rice, Lettuce & Salsa, Fruit
Tue Chicken Tenders, FF, Tossed Salad, Breadstick, Fruit
Wed Cheese Quesadilla, Spanish Rice, Refried Beans,
 Shred Lettuce, Salsa, Fruit
Thur Spuds Bowl Crispy Chicken, Cheddar Cheese, Whipped
 Potatoes, Gravy, Corn, Biscuit, Fruit
Fri Oven Roasted Chicken, Seasoned Noodles, Corn on
 Cob, Dinner Roll, Fruit

March 15 - 19

Mon Tacos or Nachos, Spanish Rice, Lettuce & Salsa, Fruit
Tue Chicken Tenders, FF, Tossed Salad, Breadstick, Fruit
Wed Corn Beef Reuben, Cole Slaw, Tossed Salad, Fruit
Thur Spuds Bowl Crispy Chicken, Cheddar Cheese, Whipped
 Potatoes, Gravy, Corn, Biscuit, Fruit
Fri Cheese Lasagna, Tossed Salad, Garlic Bread, Fruit

March 22 - 26

Mon Tacos or Nachos, Spanish Rice, Lettuce & Salsa, Fruit
Tue Chicken Tenders, FF, Tossed Salad, Breadstick, Fruit
Wed Beef & Broccoli, Fried Rice, Vegetable Egg Roll, Tossed
 Salad, Fruit
Thur Spuds Bowl Crispy Chicken, Cheddar Cheese, Whipped
 Potatoes, Gravy, Corn, Biscuit, Fruit
Fri Baked Ziti, Breadstick, Tossed Salad, Fruit

March 29 - 31

Mon Spring Break
Tue Spring Break
Wed Spring Break



Featured Daily

Plain Pizza
 Sausage or Pepperoni

Specials

Monday

Buffalo Chicken Pizza

Tuesday

Calzone

Wednesday

Cheese Steak Pizza

Thursday

Stromboli

Friday

Chefs Choice

\$2.40 Student \$3.00 Adult
 Offered with Tossed Salad Fruit and Milk

Enjoy Your Break