

## Procedure to have a discussion with an RBR Coach

1. Contact the coach via email to arrange an appointment.
2. If you do not get a response from the coach, please contact Del Dal Pra to arrange the meeting.
3. Please never confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature are usually not productive.

If the meeting with the Coach does not resolve the issue, please contact Del Dal Pra



## PARENT CODE OF CONDUCT

1. Make sure your child understands that win or lose, you love them.
2. Set realistic goals for your child based on their ability.
3. Emphasize “improved” performance, not winning.
4. Don’t compare your athletic past with your child.
5. Provide a safe environment for training and competition.
6. Control your emotions at games.
7. Be a “cheerleader” for your child and the entire team.
8. Be respectful to your child’s coach.
9. Be a positive role model and set a good example.



## RED BANK REGIONAL HIGH SCHOOL



BUCCANEERS



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PARENT COMMUNICATION  
PAMPHLET

**Appropriate  
Communication  
between Parent and  
Child Athlete**

**Before they play:**

1. Have fun
2. Play hard
3. I love you

**After they play:**

1. Did you have fun?
2. I'm proud of you
3. I love

**Six Simple Words**

**"I Love To Watch You Play"**



**Athletes/Parents Communication  
with Coaching Staff**

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts in advance
3. Notification of illness or injury as soon as possible

**Appropriate Concerns to  
Discuss with the Coach**

1. The treatment of your child.
2. Ways to help your child improve.
3. Concerns about your child's behavior



**Issues Not Appropriate to  
Discuss with Coaches**

1. Playing Time
2. Team Strategy
3. Play Calling
4. Other Student Athletes



**GO  
BUCS!!!!**