



MONMOUTH COUNTY REGIONAL HEALTH COMMISSION NO. 1

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www.mcrhc.org

For Immediate Release

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Presumptive Positive Case Of COVID-19 (UPDATE 3/12/2020)

The Monmouth County Regional Health Commission No. 1 reported a presumptive case of coronavirus COVID-19 yesterday. A student at Red Bank Regional High School presented with symptoms and was in close contact with a previously identified presumptive case. The student was evaluated by Hackensack Meridian Health Riverview Medical Center. The US Centers for Disease Control will be verifying the result of this test.

Our Communicable Disease Team continues to conduct an intensive ongoing public health investigation of all close contacts reported by the presumptive positive student. (A close contact is considered a person who was within 6 feet of a COVID-19 presumptive case for a prolonged period of time) A limited number of students and teachers have had contact with the presumptively positive student. MCRHC is in the process of calling those individuals and further evaluating their potential exposure which would have only occurred on March 6, 2020. These close contacts fall into two distinct classifications: Medium Risk A and Low Risk A (please see the [NJDOH definitions](#)). Based on our investigation we are reviewing approximately 30 students and teachers who the New Jersey Department of Health considers close contacts.

If you feel you were in close contact with someone who is considered a presumptive case, we ask that you monitor symptoms. If you become ill with a fever, a cough, and shortness of breath AND were in close contact with someone who was confirmed as a positive presumptive case, call your health care provider.

The Centers for Disease Control and Prevention reports that those at high risk for developing serious illness are older adults and those with underlying conditions. We stress that the public use social distancing techniques and commonsense hygiene to help stop the spread of the virus. These include:

- Practice prevention measures like frequent hand washing, staying home when sick and covering coughs and sneezes
- Maintain distance (at least 6 feet) for others when possible
- Avoid crowded public places during common hours and mass gatherings
- Avoid food sharing

Currently New Jersey has 29 positive presumptive cases and one death. MCRHC is working closely with our partners and will continue to update Monmouth County residents of the evolving situation.

For more information about COVID-19 and the public health procedures visit <https://www.nj.gov/health> and <https://www.cdc.gov/coronavirus/2019-ncov/>. If you have any questions about COVID-19, call the NJ State Hotline at 1-800-222-1222.

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The Monmouth County Regional Health Commission provides shared public health services to nineteen (19) towns: Allenhurst, Brielle, Deal, Fair Haven, Interlaken, Little Silver, Loch Arbour, Middletown, Monmouth Beach, Ocean Township, Red Bank, Rumson, Sea Bright, Sea Girt, Shrewsbury Borough, Spring Lake, Spring Lake Heights, Tinton Falls, and West Long Branch.